

MEGA swim 26: Session: 2: COACH evaluation sheet for TEAM: UZKZ

Coachinfo: Warming up from: 13:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Veys Lies

Coaches: Vancamelbeke Pieter HEADCOACH

Coaches: Vanden Abeele Syl

Coaches: Planckaert Pieter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 400M FREESTYLE MEN 11-14							Heat:4, starttime: 15:15	
Heat: 4/5 Lane : 0 Athlete: BOHIJN MILO							Q-time: 05:21:71	
PB (50m pool): 05:21.71 Kortrijk 26/12/2025			PB (25m pool): 05:23.12SB: 05:21.71 Kortrijk 26/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:35.77	01:17.29	01:59.53	02:41.36	03:22.61	04:02.53	04:43.00	05:21.71
	00:35.77	00:41.52	00:42.24	00:41.83	00:41.25	00:39.92	00:40.47	00:38.71
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-14							Heat:4, starttime: 15:15	
Heat: 4/5 Lane : 7 Athlete: MOENENS MATTEO							Q-time: 05:13:47	
PB (50m pool): 05:48.17 Antwerp 26/01/2025			PB (25m pool): 05:13.47 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:38.38	01:22.27	02:08.12	02:52.58	03:38.47	04:24.17	05:08.48	05:48.17
	00:38.38	00:43.89	00:45.85	00:44.46	00:45.89	00:45.70	00:44.31	00:39.69
								

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-16							Heat:3, starttime: 15:30	
Heat: 3/13 Lane : 4 Athlete: TUYTENS LAURE							Q-time: 01:37:82	
PB (50m pool): 01:39.26 Antwerpen 20/07/2025				PB (25m pool): 01:37.82SB: no time				
	5 0 M	1 0 0 M						
PB	00:43.92	01:39.26						
	00:43.92	00:55.34						
								

Coach feedback:

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Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:4, starttime: 15:30
Heat: 4/13 Lane : 1 Athlete: HUYSENTRUYT FLORE-MARIE			Q-time: 01:34:70
PB (50m pool): 01:50.23 Antwerpen 14/07/2024			PB (25m pool): 01:34.70 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:50.23	
	no time		
			

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:4, starttime: 15:30
Heat: 4/13 Lane : 3 Athlete: DHUYVETTER EM			Q-time: 01:32:49
PB (50m pool): 01:41.66 Antwerpen 13/07/2025			PB (25m pool): 01:32.49 SB: no time
	5 0 M	1 0 0 M	
PB	00:46.83	01:41.66	
	00:46.83	00:54.83	
			

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:4, starttime: 15:30
Heat: 4/13 Lane : 6 Athlete: POPPE CÉLESTE			Q-time: 01:34:23
PB (50m pool): 01:43.17 Antwerpen 13/07/2025			PB (25m pool): 01:34.23 SB: no time
	5 0 M	1 0 0 M	
PB	00:44.01	01:43.17	
	00:44.01	00:59.16	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:6, starttime: 16:05
Heat: 6/17 Lane : 5 Athlete: BOHIJN NAUD			Q-time: 01:47:13
PB (50m pool): 01:48.40 Kortrijk 16/02/2025			PB (25m pool): 01:47.13 SB: 01:48.92 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:50.72	01:48.40	
	00:50.72	00:57.68	
			

Coach feedback:

MEGA swim 26: Session: 2: COACH evaluation sheet for TEAM: UZKZ

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:9, starttime: 16:10
Heat: 9/17 Lane : 5 Athlete: DE BAERE ARNAUD			Q-time: 01:38:09
PB (50m pool): 01:43.87 Antwerpen 13/07/2025			PB (25m pool): 01:38.09 SB: no time
	5 0 M	1 0 0 M	
PB	00:48.94	01:43.87	
	00:48.94	00:54.93	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:8, starttime: 16:40
Heat: 8/20 Lane : 6 Athlete: VANCAMELBEKE LOTTE			Q-time: 01:17:23
PB (50m pool): 01:19.95 Antwerpen 20/07/2025			PB (25m pool): 01:17.23 SB: 01:20.66 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:37.50	01:19.95	
	00:37.50	00:42.45	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:11, starttime: 16:45
Heat: 11/20 Lane : 2 Athlete: POPPE CÉLESTE			Q-time: 01:12:59
PB (50m pool): 01:13.28 Brugge 01/02/2026			PB (25m pool): 01:12.59 SB: 01:13.28 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:35.46	01:13.28	
	00:35.46	00:37.82	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:6, starttime: 17:15
Heat: 6/18 Lane : 5 Athlete: BOHIJN NAUD			Q-time: 01:30:92
PB (50m pool): 01:31.59 Brugge 01/02/2026			PB (25m pool): 01:30.92 SB: 01:31.59 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:44.95	01:31.59	
	00:44.95	00:46.64	
			

Coach feedback:

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Event number: 14: 100M BACKSTROKE MEN 11-16				Heat:8, starttime: 17:20	
Heat: 8/18 Lane : 7 Athlete: SANDRA TUUR				Q-time: 01:27:08	
PB (50m pool): 01:29.69 Brugge 01/02/2026				PB (25m pool): 01:27.08 SB: 01:29.69 Brugge 01/02/2026	
	5 0 M	1 0 0 M			
PB	00:43.66	01:29.69			
	00:43.66	00:46.03			
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16				Heat:9, starttime: 17:20	
Heat: 9/18 Lane : 0 Athlete: DE BAERE ARNAUD				Q-time: 01:25:23	
PB (50m pool): 01:26.39 Antwerpen 13/07/2025				PB (25m pool): 01:25.23 SB: no time	
	5 0 M	1 0 0 M			
PB	00:42.28	01:26.39			
	00:42.28	00:44.11			
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11-14					Heat:8, starttime: 18:10	
Heat: 8/12 Lane : 2 Athlete: VANCAMELBEKE LOTTE					Q-time: 03:08:18	
PB (50m pool): 03:18.31 Antwerpen 20/07/2025					PB (25m pool): 03:08.18 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:46.80	01:37.56	02:33.62	03:18.31		
	00:46.80	00:50.76	00:56.06	00:44.69		
						

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11-14					Heat:9, starttime: 18:15	
Heat: 9/12 Lane : 2 Athlete: HUYSENTRUYT FLORE-MARIE					Q-time: 03:02:28	
PB (50m pool): 03:06.14 Kortrijk 26/12/2025					PB (25m pool): 03:02.28 SB: 03:06.14 Kortrijk 26/12/2025	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:41.80	01:31.70	02:26.68	03:06.14		
	00:41.80	00:49.90	00:54.98	00:39.46		
						

Coach feedback:

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Event number: 15: 200M MEDLEY WOMEN 11-14					Heat:9, starttime: 18:15
Heat: 9/12 Lane : 3 Athlete: POPPE CÉLESTE					Q-time: 03:01:31
PB (50m pool): 03:16.01 Antwerpen 13/07/2025					PB (25m pool): 03:01.31 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:45.03	01:38.10	02:33.00	03:16.01	
	00:45.03	00:53.07	00:54.90	00:43.01	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11-14					Heat:9, starttime: 18:15
Heat: 9/12 Lane : 9 Athlete: DHUYVETTER EM					Q-time: 03:06:50
PB (50m pool): 03:08.92 Kortrijk 26/12/2025					PB (25m pool): 03:06.50 SB: 03:08.92 Kortrijk 26/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.78	01:32.19	02:27.08	03:08.92	
	00:42.78	00:49.41	00:54.89	00:41.84	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11-14					Heat:10, starttime: 18:15
Heat: 10/12 Lane : 9 Athlete: TUYTENS LAURE					Q-time: 02:59:09
PB (50m pool): 03:07.88 Antwerpen 20/07/2025					PB (25m pool): 02:59.09 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.68	01:30.40	02:25.22	03:07.88	
	00:42.68	00:47.72	00:54.82	00:42.66	
					

Coach feedback: